

Title:	Rik, rak, koekies bak		
Origin:	South Africa	Original language:	Afrikaans
Source:	<i>Die eerste treë in musiek, Werkboek 1 deur Dolly Heibergen en Marietjie Steyn</i>	Translated language(s):	



Rik rak koe - kies bak. Bring die meel, nie te veel.
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 Klits die ei - ers gou - gou. Lek - ker eet ons nou - nou.

Tone set:	<u>m</u> s	Scale:	Bitonal
Form:	A A1 A2 A3	CSP:	F - C
Type of song/Game:	Action song		
Rhythmic elements:	Ta, ti-ti	Meter:	Duple
Melodic elements:	s m		
Harmonic elements:			
Compositional technique:			
Appropriate age level:	Early childhood, Foundation phase (Gr R - 3)		
Teaching purpose:	Present and practise <i>ta, ti-ti</i> Present and practise <i>s m</i>		

LYRICS/TEXT

Meaning of text:

The lyrics describe the process of baking biscuits.

Rik, rak, (nonsense words), baking cookies

Bring the flour

Not too much

Mix the eggs quickly

We'll enjoy it just now

ACTIVITIES

Sing the song while keeping a steady beat while clapping or tapping.

Add creative movements to the words, pretending to do the actions described as you bake cookies.