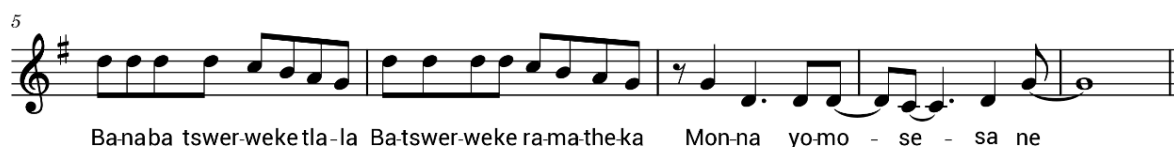
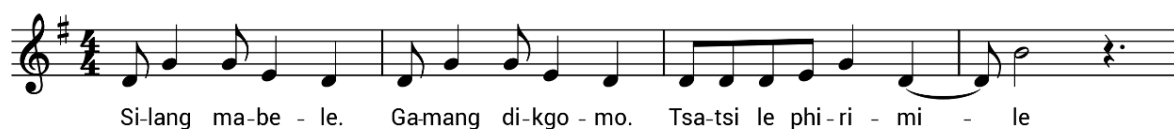


Title:	Silang mabele		
Origin:	Traditional North Sotho	Original language:	Sepedi
Source:	Folk song, composer unknown	Translated language(s):	



Tone set:	<i>f, s, l, <u>d</u> r m f s</i>	Scale:	Major
Form:	ABCD	CSP:	C-D
Type of song/Game:	Unison song; 2-bar canon		
Rhythmic elements:	ta, ti-ti, za, too, toom, syn-co-pa	Meter:	Quadruple
Melodic elements:	<i>d r m; s; low so; low la; f; low fa</i>		
Harmonic elements:			
Compositional technique			
Appropriate age level:	Gr R - 3, Gr 4 - 6		
Teaching purpose:	Practise syn-co-pa Practise quadruple meter Low la, so and fa		

LYRICS/TEXT

<u>Original text: Northern Sotho</u>	<u>Meaning of text</u>
<p>Silang mabele Gamang dikgomo Tsatsi le phirimile, Bana ba tshwere ke tlala Batshwerwe ke Ramatheka Monna yo mosesane</p>	<p>Grind the corn Milk the cows For the sun is setting The children are hungry Held by Ramatheka The thin man</p>

RESOURCES

YouTube recording by Vusi Mahlasela: <https://www.youtube.com/watch?v=0X0t0Kmik0I>

SUGGESTED ACTIVITIES

Circle dance: 4 steps forward and 4 steps back on the beat, rotating arms backwards and forwards alternately.